

**GUJARATVIDYAPITH: AHMEDABAD**  
**Faculty of Physical Education and Sports Science, Sadra**  
**Framework For**  
**B.P.Ed. (Bachelor of Physical Education)**  
**(Semester I to IV) effective from June 2023**

Availability of time for direct teaching in each semester=15 weeks = 652.5 hours (15 weeks × 43.30hours)  
Monday to Saturday=43.30 hours (7.15hours× 6days) Therefore1week=43.30hours

<b>B.P.Ed. - Semester-I</b>						
<b>Sr. no</b>	<b>Broad Category of Course</b>	<b>Subject Name</b>	<b>Hours</b>		<b>Credits</b>	
			<b>Theory</b>	<b>Practical</b>	<b>Theory</b>	<b>Practical</b>
1	Major(Core)	1. History, Trends and basic principle of Physical Education	60	-	4	-
		2. Anatomy and Physiology	60		4	
		3. Sports Medicine	60		4	
2	Minor	1. Athletics I	-	30	-	1
		2. Gymnastic I		30		1
		3. Yoga		30		1
		4. Kabaddi		30		1
		5 Kho Kho		30		1
		6 Handball		30		1
3	Multidisciplinary	-	-	-	-	-
4	Ability Enhancement Course		-	-	-	-
5	Value added Courses	Environment Science	30		2	
		-		-	-	-
6	Skill Enhancement Course	-	-	-	-	-
<b>Total</b>			<b>210</b>	<b>180</b>	<b>14</b>	<b>06</b>

**Available Total Credits = 20 Total required hours per semester = 390**

**Total available hours per semester = 652.5 hours**

**Available hours per week= 43.30 hours**

**Calculation of required hours per week**

14 credits for theory= **14 hours**

06 credits for practical's= **12 hours**

**Total required hours per week = 26 hours,**

**Extra hours = 17.30 hours** (we can arrange tutorial class, remedial class, library class, prayer and recess also easily during this hours).

B.P.Ed. - Semester-II						
Sr. no	Broad Category of Course	Subject Name	Hours		Credits	
			Theory	Practical	Theory	Practical
1	Major(Core)	1. Method, Competition and Organization in PE	60	-	4	-
		2. Yoga Science	60	-	4	-
2	Minor	1. Athletics II	-	30	-	1
		2. Gymnastic II	-	30	-	1
		3. Volleyball	-	30	-	1
		4. Basketball	-	30	-	1
		5 Table Tennis		30	-	1
		6 Cricket		30	-	1
		7 Indigenous Activity II		30	-	1
3	Multidisciplinary	Computer, Information and Technology	60	-	4	-
4	Ability Enhancement Course	-	-	-	-	-
5	Value added Courses	Intramural Participation, competition and Organization	-	30	-	1
6	Skill Enhancement Course		-	-	-	-
<b>Total</b>			<b>180</b>	<b>240</b>	<b>12</b>	<b>08</b>

**Available Total Credits = 20 Total required hours per semester = 420**

**Total available hours per semester = 652.5 hours**

**Available hours per week= 43.30 hours**

**Calculation of required hours per week**

12 credits for theory= **12 hours**

08 credits for practical's= **16 hours**

**Total required hours per week = 26 hours,**

**Extra hours = 17.30 hours** (we can arrange tutorial class, remedial class, library class, prayer and recess also easily during this hours).

**PG Diploma:** Students who opt to exit after completion of the first year and have secured 40 credits will be awarded a PG Diploma **if, in addition, they complete one vocational course or internship / Apprenticeship of 4 credits during the summer vacation of the first year.** These students are allowed to re-enter the degree programme within two years and complete the degree programme within the stipulated maximum period of Four years.

**B.P.Ed. - Semester-III**

Sr. no	Broad Category of Course	Subject Name	Hours		Credits	
			Theory	Practical	Theory	Practical
1	Major(Core)	1. Physical education and Sports Psychology	60	-	4	-
		2. Officiating & Coaching	60	-	4	-
		3. Test and Measurement in PE	60	-	4	-
2	Minor	1. Athletics III	-	30	-	1
		2. Netball	-	30	-	1
		3 Hockey	-	30	-	1
		4 Drill March	-	30	-	1
3	Multidisciplinary	-	-	-	-	
4	Ability Enhancement Course	-	-	-	-	
5	Value added Courses	-	-	-	-	
6	Skill Enhancement Course	Class Room Teaching lesson Gazettes and Module Internal and External Class room Teaching for Theoretical Topics	-	60	-	2
7	Internship	10 Days Internship on occasion of 15 August Independence Day		60	-	2
<b>Total</b>			<b>180</b>	<b>240</b>	<b>12</b>	<b>08</b>

**Available Total Credits = 20 Total required hours per semester = 420**

**Total available hours per semester = 652.5 hours**

**Available hours per week= 43.30 hours**

**Calculation of required hours per week**

12 credits for theory= **12 hours**

08 credits for practical's= **16 hours**

**Total required hours per week = 26 hours,**

**Extra hours = 17.30 hours** (we can arrange tutorial class, remedial class, library class, prayer and recess also easily during this hours).

<b>B.P.Ed. - Semester-IV</b>						
<b>Sr. no</b>	<b>Broad Category of Course</b>	<b>Subject Name</b>	<b>Hours</b>		<b>Credits</b>	
			<b>Theory</b>	<b>Practical</b>	<b>Theory</b>	<b>Practical</b>
1	Major(Core)	1. Sports Training	60	-	4	-
		2. Sports Management and Curriculum Design	60	-	4	-
		3. Sports Injuries and Rehabilitation	60	-	4	-
		4. Health Education	60	-	4	-
2	Minor	1. Football	-	30	-	1
		2 Badminton	-	30	-	1
3	Multidisciplinary	-	-	-	-	-
4	Ability Enhancement Course	-	-	-	-	-
5	Value added Courses	-	-	-	-	-
6	Skill Enhancement Course	Practical Teaching lesson (Internal and External)	-	60	-	2
<b>Total</b>			<b>240</b>	<b>120</b>	<b>16</b>	<b>4</b>

**Available Total Credits= 20 Total required hours per semester = 360**

**Total available hours per semester = 652.5 hours**

**Available hours per week = 43.30 hours**

**Calculation of required hours per week**

16 credits for theory = **16 hours**

04 credits for practical's = **08 hours**

**Total required hours per week = 24 hours,**

**Extra hours= 19.30 hours** (we can arrange tutorial class, remedial class, library class, prayer and recess also easily during this hours).

